

# Free Self-Help Group Meetings

Group	Day	Time	Address	Contact	Phone
<b>NAMI Family to Family 12-week free class</b>	September 9 2019	6:00 PM-8:30 PM	Suntree United Methodist Church 7400 N Wickham Rd Melbourne Florida	Ellen Dana	321- 259-8854
<b>NAMI Family Support Group</b>	1st Wednesday of every month	6:00 PM - 7:30 PM	Palm Point Behavioral Health 2355 Truman Scarborough Way Titusville Florida	Dana Javan	321 427 6533
<b>NAMI Family Support Group</b>	2 <sup>nd</sup> Wednesday of Every Month	6:00 PM-7:30 PM	Circles of Care, ALC 2000 Commerce Dr Melbourne	Kellie Ellen Dana	321-259-8854 321-405-4896 321-427-6533
<b>NAMI Brevard Support Group</b>	3 <sup>rd</sup> Tuesday of Every Month	6:00 PM-7:45 PM	308 Forrest Ave. Central Brevard Library Cocoa	Patti	321-453-4462
<b>Depression/Bipolar Support Alliance (DBSA)</b>	Every Tuesday	7:00 PM	280 East Merritt Ave, Merritt Island	Pam	321-639-9347
<b>Depression/Bipolar Support Alliance (DBSA)</b>	Every Wednesday	1:30 PM – 3:30 PM	308 Forrest Ave, Central Brevard Library Meeting Room #3 Cocoa	Aurora Sally Arturo	414-207-6289 321-351-8501 321-412-5437
<b>Brevard Drop-in Center</b>	Monday – Thursday	1:00 PM-5:00PM	2000 Commerce Dr Melbourne	Elaine	321-914-4867
<b>Recovery International Discovery</b>	Every Thursday	4:30PM – 5:30PM	Cocoa Beach Public Library 550 N Brevard Ave Cocoa Beach	Sheila	321-784-0694
<b>Substance Abuse Education and Support</b>	Every Thursday	6:00 PM-7:30 PM	COC-Twin Rivers 400 East Sheridan Rd. Melbourne	Heather	321-722-5261
<b>Rockledge Regional Community Education Series</b>	3 <sup>rd</sup> Thursday of Every Month	6:30 PM-8:00 PM	IOP 1041 Seminole Dr Rockledge	Mary Beth	321-637-2938
<b>Grief Support</b>	4th Tuesday of Every Month	10:00 AM	Suntree United Methodist Church 7400 North Wickham Rd Melbourne	John and Dianne Baggett	321-348-9920 321-255-7389