



## someone just like you

NAMI Connection is a Recovery Support Group for adults with mental illnesses regardless of the diagnoses. Every group meeting is offered free of charge and meets weekly for 90 minutes. All meetings are led by trained individuals who are also in recovery—people who understand the challenges we face.

NAMI Connection Recovery Support Groups offer a flexible and casual environment without an educational format. No registration or enrollment obligation is required.

Join us for the next recovery support group meeting.

**NAMI Connection Recovery Support Group meetings are held:**

**The NAMI Connection Recovery Support Group meetings that were held at the Parrish Medical Center Conference Room have been **SUSPENDED** due to **lack of attendance****

**Contact Information:**

**Elaine Meyer (321) 525-5664**