

Free Self-Help Group Meetings

Group	Day	Time	Address	Contact	Phone
NAMI Family to Family	Sep 10, 2018	6:00 PM-8:30 PM	Circles of Care, ALC 2000 Commerce Dr Melbourne FL	Ellen	321- 259-8854
NAMI Family Support Group	2 nd Wednesday of Every Month	6:00 PM-7:30 PM	Circles of Care, ALC 2000 Commerce Dr Melbourne	Ellen Kelly Dana	321-259-8854 321-405-4896 321-427-6533
NAMI Space Coast Support Group	3 rd Tuesday of Every Month	6:00 PM-7:45 PM	308 Forrest Ave. Central Brevard Library Cocoa	Patti	321-453-4462
NAMI Connection Recovery Support Group	Every Tuesday	5:30PM-7:00PM	1801 Port Malabar Blvd Palm Bay, FL 32905	Chris	757-660-0908
Depression/Bipolar Support Alliance (DBSA)	Every Tuesday	7:00 PM	280 East Merritt Ave, Merritt Island	Pam	321-639-9347
Depression/Bipolar Support Alliance (DBSA)	Every Wednesday	1:30 PM – 3:30 PM	308 Forrest Ave, Central Brevard Library Meeting Room #3 Cocoa	Aurora Sally Arturo	414-207-6289 321-351-8501 321-412-5437
Brevard Drop-in Center	Monday – Thursday	1:00 PM-5:00PM	2000 Commerce Dr Melbourne	Elaine	321-914-4867
Recovery International Discovery	Every Thursday	4:30PM – 5:30PM	Cocoa Beach Public Library 550 N Brevard Ave Cocoa Beach	Sheila	321-784-0694
Substance Abuse Education and Support	Every Thursday	6:00 PM-7:30 PM	COC-Twin Rivers 400 East Sheridan Rd. Melbourne	Heather	321-722-5261
Rockledge Regional Community Education Series	3 rd Thursday of Every Month	6:30 PM-8:00 PM	IOP 1041 Seminole Dr Rockledge	Mary Beth	321-637-2938
Florida Counseling Center	Last Wednesday of Every Month	6:00PM	100 S Harbor City Blvd Melbourne	Adam	321-259-1662